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## Adventure Trek to Annapurna Base Camp Nepal, 15 Day Travel Plan





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Day 1

### **ARRIVE IN KATHMANDU | ROYAL SINGI HOTEL**

Arrive in Kathmandu, where you will be transferred to the hotel. There will be a full trek briefing this evening.

**Overnight at Royal Singi Hotel (Dinner) or Similar.**

Day 2

### **DRIVE TO POKHARA AND NAYAPUL | WALK TO BIRETHANTI | RIVER VIEW LODGE**

We leave early and drive/fly westwards to Pokhara. This town is set in a beautiful valley and is overlooked by Machhapuchhare, one of the most distinctive of the Himalayan peaks. We continue through Pokhara to Naya Pul and from there, have a 30-minute walk to the village of Birethanthi, where we stay overnight. Birethanthi is a riverside village at the confluence of the Modi Khola and the Burundi Khola. If there is time, we can bathe in the clear but cold pools of the Burundi Khola.

**Overnight at River View Lodge (Breakfast, Lunch and Dinner) or Similar.**

Day 3

### **TREK TO BANTHANTHI | GREEN HILL VIEW LODGE**

We start our trek by following the Burundi Khola upstream. After lunch, we stop in Tirkhedunga (renowned for its variety of local beer called Change) we start the long steep climb up a stone



staircase through the early terraced hillsides to the top of Banthanthi (2,073m).

**Overnight at Green Hill View Lodge (Breakfast, Lunch and Dinner) or Similar.**

Day 4

### **TREK TO GHOREPANI | HILL TOP GUESTHOUSE**

Winding out of Banthanthi the trail now enters rhododendron forests. Inspiring the forest is a blaze of color. Trains of mules provide colorful and noisy interludes to the continuous ascent today. Carrying rice and other supplies north to the kingdom of Mustang, the trail resounds with the sound of their bells. Finally, we emerge from the forests at Ghorepani (2855m) and suddenly, a splendid mountain vista appears before us – Dhaulagiri, Annapurna, Hiunchuli, Machhapuchhare, Lamjung, and other Himalayan giants.

**Overnight at Hill Top Guesthouse (Breakfast, Lunch and Dinner) or Similar.**

Day 5

### **TREK TO CHULI | MOUNTAIN DISCOVERY**

This morning there is an optional ascent of Poon Hill (about an hour's walk above Ghorepani) to see the spectacular sunrise over the Dhaulagiri and Annapurna Himal. As the sun emerges from behind the mountains, the sky glows red and pink in the first rays of the sun, and the panorama is surely one of the world's grand mountain vistas. Best seen at dawn, the climb is well worth the effort. After breakfast, we head east, following a



ridge to cross a pass at 3,193m. We pass through the more open country, then descend again through the jungle to a few lodges in a clearing called Banthanti at 2,620m. Climbing back to 2,745m, we reach another small pass at Tadapani, where we have a superb view of Annapurna South and the peak of Machhapuchhare. From here, we descend for a short while to our lodge at Chuli, where we have great views of the mountains from the lovely garden.

**Overnight at Mountain Discovery (Breakfast, Lunch and Dinner) or Similar.**

Day 6

### **TREK TO CHOMRONG | INTERNATIONAL GUESTHOUSE**

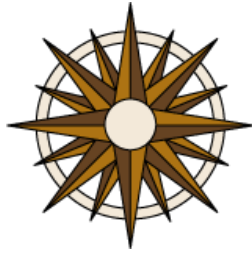
The trail descends through the forest to the KyumnuKhola, a tributary of the Modi Khola. From here, a steep ascent brings us to Chomrong, at 2,170m, another Gurung village and the last permanent settlement in the valley. Beyond here, we shall see years, the shelters used by herdsmen in the summer months. From Chomrong, we have good views again of Annapurna South and from this point onwards, the twin-peaked mountain Machhapuchhare 'fishtail', which gives the mountain its name.

**Overnight at International Guesthouse (Breakfast, Lunch and Dinner) or Similar.**

Day 7

### **TREK TO DOVAN | TIP TOP GUESTHOUSE**

The trail from Chomrong descends first on a stone staircase to cross the ChomrongKhola and then climbs out of this side valley



to reenter the main Modi Khola Valley. We pass through a jungle of oak, hemlock and rhododendron trees to KuldiGhar (2540m), previously the site of a sheep breeding project. Beyond here, our route undulates through dense bamboo thickets. These are cut extensively to make 'dokos' – the carrying baskets as used by our porters – and woven mats for floors and roofing. We climb up through the bamboo and then through forests of rhododendrons. In early spring, we may encounter snow on the trail from this point onwards. At 2505m, we reach Dovan, a clearing in the forest where there are several teahouses.

**Overnight at Tip Top Guesthouse (Breakfast, Lunch and Dinner) or Similar.**

Day 8

### **TREK TO MACHHAPUCHHARE BASE CAMP | FISHTAIL GUESTHOUSE**

We continue up through the forest, passing the lodges at Himalaya Hotel and then further on past Hinko Cave, where the first expeditions to the Base Camp used to camp. Crossing a ravine, the trail climbs steeply among boulders, leaving the trees behind us. The valley broadens out, and the scenery becomes wilder as we approach the gates of the sanctuary. Passing between the heights of Hiunchuli and Machhapuchhare, we reach Machhapuchhare Base Camp (3,700m), where we spend the night. The views are stupendous, and the panorama includes Huinchuli, Annapurna 1, Annapurna 3, Gangapurna, and Machhapuchhare.

**Overnight at Fishtail Guesthouse (Breakfast, Lunch and Dinner) or Similar.**



Day 9

## TREK TO ANNAPURNA BASE CAMP | ANNAPURNA GUESTHOUSE

In the early morning, we walk for 2 hours up to Annapurna Base Camp, surrounded by the snow-capped peaks of some of the highest mountains in the world. Hiunchuli, Annapurna South, Annapurna Fang, Annapurna 1 and 3, Gangapurna and Machhapuchhare.

Encircle us with unbroken soaring ramparts but for the route by which we entered. The sunset and sunrise are truly magnificent in this mountain arena. We spend the day in this special place with a chance to watch the sunrise the following morning. There should be time to make an excursion to the ridge overlooking the base camp from which Chris Bonington led the ascent of Annapurna's South Face. (Occasionally, there is too much snow to stay at Annapurna Base Camp. In this case, we would walk back down to Machhapuchhare Base Camp in the late afternoon.

**Overnight at Annapurna Guesthouse (Breakfast, Lunch and Dinner) or Similar.**

Day 10

## DESCEND TO BAMBOO | GREEN HILL VIEW LODGE

Today, we leave the Sanctuary, descending past Hinko through the rhododendron jungle and bamboo thickets to Bamboo Lodge.





**Overnight at Green Hill View Lodge (Breakfast, Lunch and Dinner) or Similar.**

Day 11

### **TREK TO JHINNUNDANDA | NAMASTE LODGE**

We return down the Modi Khola Valley, leaving it to cross the Chomrong Khola. We are back in the inhabited country again as we climb the stone steps back up to Chomrong. We then descend very steeply on stone steps through terraces to Jhinnudanda.

**Overnight at Namaste Lodge (Breakfast, Lunch and Dinner) or Similar.**

Day 12

### **TREK TO SINWAI | TRANSFER FROM NAYA PUL TO POKHARA | BARAHI POKHARA HOTEL**

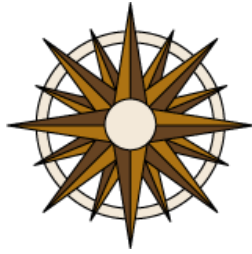
The trail today undulates down the Modi River Valley. We follow the valley down to the road, head at Sinwai, and drive back to Pokhara via Nayapul.

**Overnight at Barahi Pokhara Hotel (Breakfast, Lunch and Dinner) or Similar.**

Day 13

### **FREE DAY POKHARA | BARAHI POKHARA HOTEL**

There are also plenty of shops and traditional bazaars where you can pick up some souvenirs. Also, there are plenty of cafés and



restaurants along the lakeshore where you can watch paragliders in flight. You may wish to take a rowing boat across Lake Phewa and walk up to the World Peace Pagoda, set on a hill overlooking the lake with fantastic views. Alternatively, there are several museums to visit, including the International Mountain Museum and the Gurkha Museum.

**Overnight at Barahi Pokhara Hotel (Breakfast, Lunch and Dinner) or Similar.**

Day 14

### **FLY TO KATHMANDU | ROYAL SINGI HOTEL**

We catch a flight to Kathmandu. The rest of the day is free for sightseeing and shopping. Occasionally, we are unable to fly, in which case we return to Kathmandu by road, arriving in the early evening.

**Overnight at Royal Singi Hotel (Dinner) or Similar.**

Day 15

### **DEPART KATHMANDU**

Transfer to Kathmandu airport for final departure or continue with your own arrangements.





**Included in the price:**

- Two nights in Kathmandu hotel accommodation at Royal Singi Hotel or similar on bed twin (double room) sharing on full board basis
- Two nights' Pokhara hotel accommodation at Barahi Hotel or similar on bed twin (double room) on a full board basis
- Ten nights' tea house/ lodge on bed twin (double room) sharing & full board basis
- Airfare for clients and Leader from Pokhara on fix wing daily scheduled flights including airport tax and a flight insurance surcharge
- Annapurna Conservation Permit (ACAP) fee and TIMS Card (Trekking Information Management System)
- One good English speaking Leader with First Aid qualifies with food & lodge charge
- Leader/guide and porter insurance/ food/ lodge charge
- Oxygen backup for an Emergency if needed
- Fresh Fruit after dinner while on treks days
- Welcome and farewell dinner at one of the best Nepalese restaurants with some

**Excluded from the price:**

- International flights
- International air ticket and airport tax
- Nepal Visa Fee
- Tips to driver, porters and guides
- Personal medical insurance
- Personal trekking gear
- Items of a personal nature
- Alcoholic Beverages
- Telephone calls
- Emergency rescue evacuation if needed



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traditional Nepalese dancing  
and music

- Transportation by hire necessary  
vehicle: International and  
Domestic airport transfers by  
private Jeep
- Transfer from Kathmandu to  
Birethanthi/ Nayapul by private  
hire vehicle
- Drive from Sinwai to Pokhara by  
hire vehicle